



Europe
for Citizens

Juniors for seniors
active ageing



Občina
Škofja Loka

Juniors for seniors-active aging

- Project presentation for participants
- Version 8
- 24.2.2020
- Slavka Zupan, Miha Ješe

About the project

Coordinator: Municipality of Škofja Loka + 11 associated partners
Project duration: 1.9.2019 – 30.6.2021
Budget: 146.160 EUR

Relevant general program objective:

- ✓ **Foster European citizenship** and to improve conditions for civic and democratic participation at Union level

Relevant specific aims:

- ✓ **Encourage democratic and civic participation of citizens at EU level** by developing citizen's understanding of the union policy making processes and promoting opportunities for societal and intercultural engagement and volunteering



Relevant priority:

- ✓ **Debating** the future of Europe and challenging Euroscepticism

Objective

learning from others best practices in addressing the ageing challenge through a debate

- ✓ The network of towns promotes **the debate on the future of Europe** by addressing and **discussing the topic of Europe's aging population** and the issues arising from this fact.
- ➔ ✓ The focus will be **on a local level, comparing the local and national policies /initiatives/ best practice examples** in 12 different municipalities and countries throughout Europe.




Recommendation paper

Debating over 1+5 events

IMPORTANT!
Active involvement
of youth and seniors

TOPICS

- 
- ✓ **Getting familiar with the challenges of aging in participating towns and make European comparisons**
 - ✓ **Learning best practices in active aging measures, services, organization**
 - ✓ **Impacts of aging on local level = towns**
 - ✓ Euroscepticism among seniors citizens
 - ✓ Contribute to Fact-based opinion-making of the juniors

APPROACH

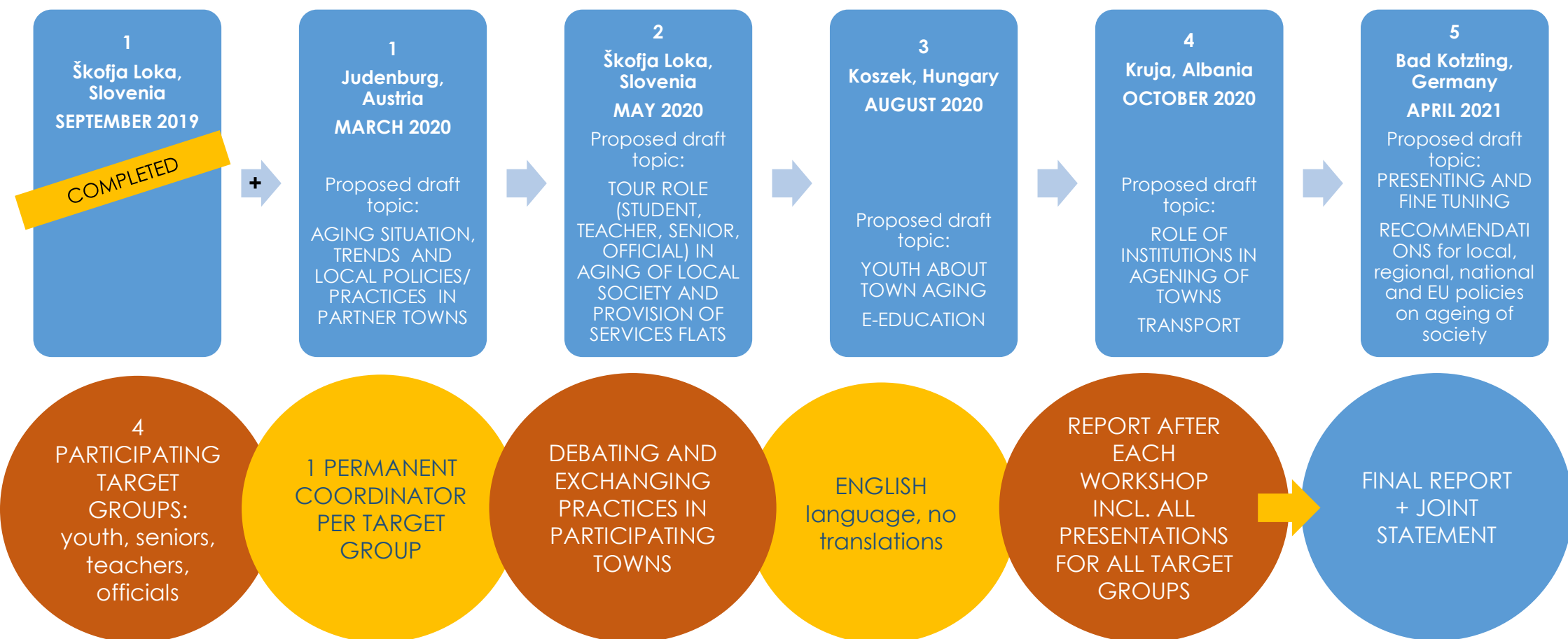
- ✓ Inter-generation debate
- ✓ Inter-institutional debate
- ✓ Cross-sectoral debate
- ✓ Cross-expert debate
- ✓ Transnational debate

Workshops will itself practice intergeneration cooperation (e-democracy tools, guided smartphone site visits ...)



1+5 events:

from assessing the situation to exchange of best practices and set recommendations for future local, national and EU policies



4 target groups



OFFICIALS

Social workers and managers, local policymakers, administrators in social affairs, English speaking

Group manager:
Thorsten Wohleser
(Judenburg)

Present in:
Judenburg, A
Škofja Loka, SI
Kruja, ALB
Bad Kotzting, D



TEACHERS

Secondary, high school teachers of different background and experiences in inter-generation activities or topics related to and aging trends in society, English speaking

Group manager: Ištvan Matrai
(Koeszeg)

Present in:
Judenburg, A
Škofja Loka, SI
Koszek, HUN
Bad Kotzting, D



STUDENTS

15 + students of secondary and high school with interest in inter-generation activities or topics related to the aging trends in society, English speaking

Group manager: Julian
Preidl (Bad Koetzling)

Present in:
Judenburg, A
Škofja Loka, SI
Koszek, HUN
Bad Kotzting, D



SENIORS

Active seniors from participating towns interested in transnational exchange and debate, fluent in English speaking

Group manager: Igor
Medič (Škofja Loka)

Present in:
Judenburg, A
Škofja Loka, SI
Kruja, ALB
Bad Kotzting, D

	Date	Location	Topic	Target groups	Program/method	Logistic requirements	Moderators
2	12 – 14 March 2020	Judenburg, Austria	<p>Topic: Aging situation, trends and local policies and practices in participating towns in the view of different target groups</p> <p>Aim: getting familiar with different situations and challenges and existing practices in participating towns</p>	<p>Officials Teachers Students Seniors (51-75)</p> <p>2 - 5 from each town</p>	<p>Thursday, 12.3.2020: ARRIVAL & ACCOMMODATION</p> <ul style="list-style-type: none"> • 16.30 Visit of the town tower • 18.30 Exhibition opening and dinner (hotel) <p>Friday, 13.3.2020: CONFERENCE</p> <ul style="list-style-type: none"> • 9:00 – 10:15 Plenary introduction (hotel – big room) <ul style="list-style-type: none"> • Welcome speeches • Presentation of the project and its aims • Keynote speaker: Challenges of aging of European towns, introduction with 4 group coordinators • 10:00 – 10:15 Transfer to the elderly homes • 10.15 – 11.45 Visit of 2 elderly homes – two groups • 12.00 – 13.30 4 parallel workshops (hotel) <ul style="list-style-type: none"> • debating in 4 groups: 1. Officials, 2. Teachers, 3. Students, 4. Seniors • Presentation of participants • 3-4 town representatives in each group give a short 5-minute presentation (use tablet or laptop for some photos, videos..) explaining (names, ask partners to prepare in advance): <ul style="list-style-type: none"> • The aging situation in their town (numbers and trends) • Key challenges they face • Some best practices in addressing the aging in their towns from their perspective (e.g. teachers, students..) • Debate (some initial questions for moderators): <ul style="list-style-type: none"> • Q1: What are the common trends and challenges of our towns? Are there any differences and specifics? • Q2: Which are the key future issues for the town management to be addressed as your group sees it? • Q3: Best examples or solutions? 	<p>1 large room with separate tables</p> <p>Coffee & refreshments</p> <p>1 large room with separate tables for workshops and 3 rooms for group work, Beamer, screen, 4 laptops</p> <p>4X Flip charts and paper for 4 working groups</p>	<p>Eva</p> <p>Eva</p> <p>Eva Mayor Elke Miha</p> <p>Eva</p> <p>Thorsten, Igor</p> <p>Thorsten Ištván Julian Igor</p>

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	Date	Location	Topic	Target group	Program/method	Logistic requirements	Moderators
3	7-10 May 2020	Škofja Loka, SLOVENIA	<p>Topic: Possible roles of seniors, juniors, teachers and officials in addressing the ageing challenge of local society and provision of local services for elderly How can I contribute?</p> <p>Aim: activating different target groups in helping the local society making a friendly and healthy community life of elderly / exchanging best practices, and solutions /proposing new models</p>	<p>Officials Teachers Students Seniors (176-200)</p> <p>6 from each town</p> <p>2 from each town</p>	<p>Thursday, 7.5.2019 ARRIVAL</p> <ul style="list-style-type: none"> • 9.00 - 22.00 ARRIVAL – RECEPTION DESK IN SOKOLSKI DOM • 12.00 – 18.00 VISIT OF SLOVENIA (Planica valley, Bohinj lake) • 17.00 VISIT OF THE TOWN • 19.00 OPENING OF THE EXHIBITIONS (Sokolski dom) <ul style="list-style-type: none"> • Exhibition of the foto contest in Asikkala • Exhibition of the Romanian painter and sculptor • 19.30 DINNER (Sokolski dom) <p>Friday, 8.5.2029 Town participants</p> <ul style="list-style-type: none"> • 9.00- 10.30 GENERAL MEETING - Program by the agenda (Sokolski dom) • 10.30 – 11.00 COFFEE BREAK (Sokolski dom) • 11.00 – 12.30 GENERAL MEETING - Program by the agenda (Sokolski dom) • 12.30 – 14.00 LUNCH (Sokolski dom) • 14.00 – 15.45 AFTERNOON WORKSHOPS FOR GM DELEGATES & NON DELEGATES (Sokolski dom) 2 times 14:00–14:45 and 15:00–15:45) • Workshop 1: Seniors as volunteers - wedding room <ul style="list-style-type: none"> • Presentation of Passion play Škofja Loka; • Examples and practices of senior volunteering for social benefit in the local community • Expected number of participants: 2 presentations x 25 	<p>Coffee, water</p> <p>Coffee, water</p>	<p>Desk</p> <p>Desk</p> <p>Desk</p> <p>Agata</p> <p>Romanian ambassador Slorest</p> <p>Annigje</p> <p>Desk</p> <p>Annigje</p> <p>Slorest</p> <p>Miha</p> <p>Jakob Jernej</p>

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3	7 - 10 May 2020	Škofja Loka, SLOVENIA	<p>Topic: Possible roles of seniors, juniors, teachers and officials in addressing the ageing challenge of local society and provision of local services for elderly How can I group contribute?</p> <p>Aim: activating different target groups in helping the local society making a friendly and healthy community life of elderly / exchanging best practices, and solutions /proposing new models</p>	3 from each town	<p>Students</p> <ul style="list-style-type: none"> • 9.00- 10.30 4 MIXED WORKSHOPS FOR JUNIORS AND SENIORS: <ul style="list-style-type: none"> • 4 groups (12 students + 5 seniors)and topics: <ul style="list-style-type: none"> • Digital age (Rdeča ostriga) • Loka honey bread making (DUO center) • Future mobility/ transport solutions • Win-win for juniors & seniors: how can we support each other? (Lokomotiva) • 10.30 – 11.00 COFFEE BREAK (Sokolski dom) • 11.00 – 12.30 ESCAPE TOWN • 12.00 – 12.30 PRESENTATION OF THE MOST INNOVATIVE PRACTICE REPORT TO THE GM (Sokolski dom) <p>Sunday, 10.5.2019 DEPARTURE</p>		<p>Ovidiu, Bor, Sergej, Jan Bor Kati Miloš Apolonija</p> <p>Zavod O</p> <p>Bor</p> <p>Ovidiu</p>

	Date	Location	Topic	Target groups	Program/method	Logistic requirements	Moderators
4	27 – 29 August 2020	Koszeg, Hungary	<p>Topic: Students about town ageing</p> <p>Aim: Obtain views and opinions of students on future of towns impacted by significantly changed demographics Exchanging their current observations, fears Visualizing future towns and impacts on their life in 2050</p>	<p>Teachers Students (50-75)</p> <p>2 - 3 from each town</p>	<p>Thursday, 27.8.2020: ARRIVAL & DINNER</p> <ul style="list-style-type: none"> 16.30 VISIT OF THE TOWN 18.00 - 19.00 INTRODUCTION (hotel Csikar) <ul style="list-style-type: none"> Welcome speeches (mayor Bela) Presentation of the project and its aims Results achieved in the previous two events Innovative 5 MIN presentations of some best practices for the better elderly life 19.15 DINNER (Hotel Csikar) <p>Friday, 28.8.2020: CONFERENCE</p> <ul style="list-style-type: none"> 8.30 – 9.00 TRANSFER FOR ONE GROUP TO SZOMBATELY 9:00 – 11.15 SITE VISIT OF 6 INSTITUTIONS AND MEETING WITH ELDERLIES LIVING AT THEIR HOMES <ul style="list-style-type: none"> Filed work: Students mixed in 3 transnational groups (5-7 students and 4-5 teachers in each group) and make a list of ideas <ul style="list-style-type: none"> how to improve life in the visited institution? How students or schools could cooperate or help institutions/elderly in the concrete institution? E-education of seniors Follow up debate: Good practices you would take home 11.15 – 11.45 RETURN TO THE HOTEL AND COFFEE BREAK (hotel Csikar) 11.45 – 13.15 DISCUSSION WORKSHOPS (hotel Csikar) <ul style="list-style-type: none"> Discussion in 3 groups with a written summary Presentation of the team discussion by a spokesperson (5 min) 13:30 – 14:30 LUNCH (hotel Csikar) 	<p>1 large room, 6 separate tables for workshops Beamer</p> <p>Bus</p> <p>3 X Flip charts and/or paper for 6 working groups</p>	<p>Ilona Mayor Miha Ištvan, Julian</p> <p>Ilona</p> <p>Ilona</p> <p>6 team leaders</p> <p>Ištvan, 3 team leaders</p> <p>Ilona</p>

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4	27 - 29 August 2020	Koszeg, Hungary	<p>Topic: Youth about town ageing</p> <p>Aim: Obtain views and opinions of students on future of towns impacted by significantly changed demographics Exchanging their current observations, fears Visualizing future towns and impacts on their life in 2050</p>	<p>Teachers Students (50-75)</p> <p>2 - 3 from each town</p>	<ul style="list-style-type: none"> • 14.30 – 16.00 AFTERNOON WORKSHOP IN 2 GROUPS • 1st GROUP • My town in 2050: how will your town look like in terms of demographics change, how would life look like, how will services for elderly be organized, • Teams can draw a picture or simply prepare a short story or breaking news report • 2nd GROUP • „Can you imagine...?“ Interview with 3 voluntary students and 3 seniors (different nationalities if possible). • Participants write the most surprising facts/answers and stick them on a given place. <ul style="list-style-type: none"> • Refreshments are available during the workshop • 15:45 – 16:00 Presentations of the results of the two workshops • 16.00 – 16.15 COFFEE BREAK • 16:15 – 17:00 EUROSCEPTICISM GAME • 17.00 – 17:30 PRESENTATION AND THE CONCLUSION OF THE EVENT • 18.00 BUS DEPARTURE TO THE CASTLE CULTURAL CENTER • 18.15 EXHIBITION OF PHOTOS (collected during the GM)(Castle) • 18.45 CULTURAL PROGRAM CIRAKULUM ORKESTRA (Castle) • 19.30 DINNER (Castle) • Saturday, 29.8.2020: DEPARTURE (• 9.00 – 12.00 VISIT OF THE MUSEUM BEHIND THE IRON CURTAIN • 12.30 LUNCH IN LOCAL ATMOSPHERE (Koszeg wine cellar) 	<p>1 large room, Beamer, 2 laptops</p> <p>Transfer if needed</p>	<p>Ištvan</p> <p>Julian</p> <p>Marietta, Agnes Ilona</p> <p>Ištvan, Claire Ištvan</p> <p>Ilona</p> <p>Ilona</p> <p>Ilona</p> <p>Ilona</p> <p>Ilona</p> <p>Ilona</p>

	Date	Location	Topic	Target groups	Program/method	Logistic requirements	Moderators
5	22 – 24 October 2020	Kruja, Albania	<p>Topic: PRESENTING AND FINE TUNING RECOMMENDATIONS for local, regional, national and EU policies on ageing of society</p> <p>Aim: Discussing and fine tuning lessons learnt and recommendations for towns-municipalities, regions, national governments and European Commission as regards aging, Transport of seniors</p>	<p>Officials Seniors (50-75)</p> <p>2 from each town</p>	<p>Thursday, 22.10..2020: ARRIVAL & ACCOMMODATION</p> <ul style="list-style-type: none"> 16.30 – 18.00 VISIT THE KRUJA MOUNTAIN 18.00 – 18.30 EVENING INTRODUCTION (Panorama hotel) <ul style="list-style-type: none"> Welcome speeches (mayor) Presentation of the project and its aims 18.30 DINNER (Panorama hotel) <p>Friday, 23.10.2020: CONFERENCE</p> <ul style="list-style-type: none"> 8.30 – 9.00 DEPARTURE TO THE ELDERLY HOUSE 9.00 – 10.30 VISIT THE ELDERLY HOUSE IN FUSHE KRUJE <ul style="list-style-type: none"> Moderated discussion. Presentation of Albanian system and discussion with management and personnel 10.30 - 11:00 TRANSFER TO THE HOTEL 11:00 – 11.30 INTRODUCTION (hotel Panorama) <ul style="list-style-type: none"> Results achieved in the previous three events and open issues (Thorsten, Igor) 3 x 5 MIN presentations of some best practices for institutional elderly care at the local level (TBD) Discussion: about the transportation of seniors Discussion: Questions and answers 11.30 – 13.00 WORKSHOP FOR OFFICIALS (Panorama hotel – big room) <ul style="list-style-type: none"> 3 x 5 MIN presentations of some best practices for institutional elderly care at the local level (TBD) (Thorsten) Discussion: about the transportation of seniors Discussion: Questions and answers 	<p>1 large room with 10 separate tables for workshops Beamer, screen</p> <p>Transfer</p> <p>1 large room with 4 separate tables for workshops Beamer, screen 4 laptops</p> <p>Large room for workshop Beamer, screen, laptop</p>	<p>Drini</p> <p>Drini Miha</p> <p>Drini</p> <p>Drini</p> <p>Thorsten Igor Manager</p> <p>Drini</p> <p>Thorsten Igor</p> <p>Thorsten</p>

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5	22 -24 October 2020	Kruja, Albania		Officials Seniors (50-75) 2 from each town	Saturday, 24.10.2020: DEPARTURE (optional morning sightseeing program) <ul style="list-style-type: none"> • 8.30 Visit of Tirana • 12.00 Lunch in Tirana • DEPARTURE 	Transport Transport	Drini Drini

	Date	Location	Topic	Target groups	Program/method	Logistic requirements	Moderators
6	22 – 24 April 2021	Bad Kötzing, Germany	<p>Topic: Youth about town ageing</p> <p>Aim: Obtain views and opinions of students on future of towns impacted by significantly changed demographics Exchanging their current observations, fears Visualizing future towns and impacts on their life in 2050</p>	<p>Officials Teachers Students Seniors (51-75)</p> <p>2 - 4 from each town</p>	<p>Thursday, 22.4.2021: ARRIVAL & ACCOMMODATION</p> <ul style="list-style-type: none"> • 16.30 Visit of the town • 18.00 Opening of the exhibition (Janhalle) (mayor Marcus Hofmann) • 18.30 Dinner (Janhalle) <p>Friday, 23.4.2021: CONFERENCE</p> <ul style="list-style-type: none"> • 9:00 – 10:00 MORNING INTRODUCTION plenary (hotel) <ul style="list-style-type: none"> • Welcome speeches (Mayor Marcus Hofmann) • Presentation of the project and its aims and assessment of achieved mid-term results, aim of the conference • Short presentation of draft recommendation paper (Igor) • 10:00 – 11:30 WORKING GROUPS (hotel, townhall) <ul style="list-style-type: none"> • 4 moderated groups with 10-15 participants, • Reviewing and upgrading recommendations and conclusions in 4 groups: students, officials, teachers, seniors • 11:30 – 13:00 VISIT THE ELDERLY HOUSE (St. Benedictus Seniorenheim) • 13.00 – LUNCH (Gasthaus Kauer) • 14.30 – 16.00 PLENARY FINAL DISCUSSION (hotel) <ul style="list-style-type: none"> • Groups presentations and proposals for improvement of recommendation document (Thorsten, Ištvan, Julian, Igor, Miha) • 16.00 – 16.30 COFFEE BRAKE (hotel) • 16:30 – 18:00 PUBLIC FINAL PRESENTATION and MEDIA EVENT <ul style="list-style-type: none"> • Open presentation for public and media 	<p>1 large room with 4 separate tables for workshops Beamer, screen 4 rooms, 4 beamers, 4 laptops</p> <p>4 X Flip charts, paper for 4 working groups</p> <p>Appropriate venue with beamer and screen</p>	<p>Isolde</p> <p>Isolde, major</p> <p>Isolde</p> <p>Miha</p> <p>Igor</p> <p>Thorsten, Ištvan, Julian, Igor</p> <p>Isolde</p> <p>Isolde</p> <p>Thorsten, Ištvan, Julian, Igor</p> <p>Isolde</p> <p>Isolde, mayor, Miha</p>



	Date	Location	Topic	Target groups	Program/method	Logistic requirements	Moderators
6	22 – 24 April 2021	Bad Kotzling, Germany	<p>Topic: Youth about town ageing</p> <p>Aim: Obtain views and opinions of students on future of towns impacted by significantly changed demographics Exchanging their current observations, fears Visualizing future towns and impacts on their life in 2050</p>	<p>Officials Teachers Students Seniors (51-75)</p> <p>2 - 4 from each town</p>	<ul style="list-style-type: none"> • 18.30 DINNER with some local products <p>Saturday, 24.4.2021: DEPARTURE</p> <ul style="list-style-type: none"> • 9.00 Visit of the Geodetische Station & Kunstgalerie • 12.30 Lunch <p>Details for the workshops will be ready till the end of January 2021</p>		<p>Isolde</p> <p>Isolde</p>





Europe
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Juniors for seniors
active ageing



Občina
Škofja Loka

Thank you